

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are interchangeable due to the Residents interest and hobbies. Crafts are ongoing for some of our residents and are available as needed. Northland Heights has a large variety of activity opportunities throughout our Recreation Room. McKnight Methodist Church will hold a service on the third Wednesday of the Month @ 11a.m. Allison Park Christian Community will be conducting services the 1st 2nd & 4th weeks on Thursday @ 3 pm.</p>	<p>The Year of The Tiger – 1 9:30: Fun Facts about Tigers 10:30: BINGO 12:15: Lunchtime Fortune Cookies & Proverbs 2:30: Fabric Dancing w/ Ribbon Stix - Movements 4:00: China Travelogue <small>Chinese New Year (Year of the Tiger)</small></p>	<p>Groundhog Day in PA. 2 9:30: Folklore about Groundhog's Day. 10:30: Ring Toss a Go - Go Groundhog... Room Visits 2:00: MOVIE: Groundhog's Day w/ Muffins & Coffee 4:00: BUNCO Game Time <small>Groundhog Day</small></p>	<p>Thirsty Thursday – Hydrate! 3 9:30: 99 Bottles Game 10:30: Dice BINGO Prizes: Special Mocktails 2:00: Knock Em' Down 3:00: Allison Park Church 4:00: Valentine Cards to Create + Daily Fun FACTS & NEWS</p>	<p>Winter Olympics Begin Day 4 9:30: Olympic Room Visits 10:30: Torch Pass – Walking Club 2:00: Music Therapy: W/ Fine Arts Miracles 3:00: Snowball Target Toss 4:00: Winter Olympic YouTube Clips</p>	<p>Creative Arts & Meditation 5 9:30: Jig Saw Puzzles 10:30: Songs with the Word "Heart" in them. 1:30: Northway Church Services on YouTube 3:00: Adult Art w/ Heart 4:00: Frankie and Grace Netflix Series</p>	
<p>10:00: Weekend Packets 6 Crosswords – Coloring – Comics – Word Search. 1:00: Hallmark Channel Movies. 3:00: Family Cards to Send or Pen Pal notes... 4:00 Board Games or Domino's</p>	<p>Make Believe Monday – 7 10:00: Folk Tales to Read 11:00: Walk Fit – Scavenger Hunt for Fairytale Tinkerbell 2:00: Card Game Day – Play your favorites. 3:00: Borrow A Picture Book 4:00: Tabletop Hockey</p>	<p>Potato Lovers Day 8 10:30: Potato Chip BINGO 11:30: HOT potato Game LUNCHTIME: Fact or Fiction 2:00: Travelogue to FRANCE w/ French Fry Treat. 4:00: Chair Yoga – to Smooth Instrumental Tunes</p>	<p>National Pizza DAY – YUM 9 10:00: Mixed – up Wordies 11:00: Pizza Toss 2:00: Make A Personal Pan Pizza Snack. 3:00: When the Moon hits your eye like a big Pizza... Dean Martin Comedy Show 4:00: Sequence Game</p>	<p>Chocolate Kiss DAY – 10 9:30: History of Hershey's Kiss – Tour Hershey Park 10:30: Hand Care – Pink Manicures w/ essential oils 2:00: Glamour Shots w/ Kissable Lips 3:00: Allison Park Church 4:00: Hershey Kiss Social</p>	<p>9:30: TED Talks – famous 11 SINGLES day! 10:30: 35 surprise ACTS of Kindness – Room Visits 2:00: Music Therapy : W/ Fine Arts Miracles 3:00: Kickball 4:00: Short Romanic Stories To Ponder.</p>	<p>Creative Arts & Meditation 12 9:30: Jig Saw Puzzles 10:30: Songs with the Word "Heart" in them. 1:30: Northway Church Services on YouTube 3:00: Vintage Valentines 4:00: Frankie and Grace Netflix Series</p>
<p>10:00: Weekend Packets 13 Crosswords – Coloring – Comics – Word Search. 1:00: Hallmark Channel Movies. 3:00: Family Cards to Send or Pen Pal notes 4:00 Board Games or JENGA</p>	<p>Will you be my Valentine? 14 10:00: Decorate for Heart of my Heart Social in Rec. RM. 11:00: Ice A Heart to Eat Lunchtime: Fun Facts about St. Valentine – Heart Crowns 2:00: ENTERTAINMENT: A Romantic Lady Sings for you <small>Valentine's Day</small></p>	<p>Gumdrop Day 15 10:00: Gumdrop Trees 11:00: Gumdrop BINGO LUNCHTIME: Candy Fun Facts to amuse and delight 2:00: Balloon Volley 3:00: Word Chain 4:00 Hidden Pictures</p>	<p>Full "Snow" Moon Tonight 16 9:30: Moon walks in History 10:30: Moon Pie Madness 11:00: Pastor Stollings 2:00: Rocket Ship to the Moon Game w/ Prizes 3:00: Beauty Treatment Moonglow Nails w/ Sparkles 4:00: Fool Moon Facts</p>	<p>Healthy Heart Day 17 9:30: Posture Pleasers & Leg Strengthening Workout 11:00 Happy Hearts BINGO 2:00: Foods to Snack on to To help you feel fabulous 3:00: Gypsy Dancing w/ Fabric 4:00: Games of Chance</p>	<p>National Caregiver's Day! 18 9:30 – 11:30: Decorate & Create Caring Packages for the people who care – in the Recreation Room. 2:00: Caregiver Social – Cake and Ice Cream for All 4:00: Kings in the Corner</p>	<p>Creative Arts & Meditation 19 9:30: Jig Saw Puzzles 10:30: Bird Feeders to create 1:30: Northway Church Services on YouTube 3:00: Name That Tune 4:00: Frankie and Grace Netflix Series</p>
<p>10:00: Weekend Packets 20 Crosswords – Coloring – Comics – Word Search. 1:00: Hallmark Channel Movies. 3:00: Family Cards to Send or Pen Pal notes... 4:00 Board Games or Stack them Bones</p>	<p>9:30: Presidential Trivia 21 10:30: Presidential Word Search 2:00: Monopoly Game 4:00: UNO Fun + President's Day Game Packets – All materials are Located in the Rec. Rm <small>Presidents' Day</small></p>	<p>Let's Play Tennis Day 22 10:00: History of Tennis 11:00: Pokeno 2:00: Tennis Tournament 3:00: Match Game 4:00: Twinsburg Festival On YouTube - + 2 Treats 2-22-2022 – Doubles Day</p>	<p>Celebrate the Humpback 23 Whale Day 10:00: Wonderful Whales Word Search 11:00: Whale Watching 2:00: Fishing Game 3:00: MOVIE: Free Willy or The Whales of Sea World Resident's Choice or Orka</p>	<p>Celebrate Feb. Birthdays 24 9:30: Chocolate Cherry Cake to BAKE for Birthdays 11:00: Birthday Bash BINGO 2:00: Cake and Coffee 3:00: Allison Park Church 4:00: YouTube: Babies first Birthday</p>	<p>Red as a Rose Day 25 9:30: Create A Red Parfait 10:30: Rose Water Sachet's Room Visits w/ Sensory items 2:00: Music Therapy: w/ Bill Coyne 3:00: Balloon Volley 4:00: WAR Game</p>	<p>Creative Arts & Meditation 26 9:30: Safari Saturday Travels 10:30: List it Animals in Africa 1:30: Northway Church Services on YouTube 3:00: Adult Art w/ Heart 4:00: Frankie and Grace Netflix Series</p>
<p>10:00: Weekend Packets 27 Crosswords – Coloring – Comics – Word Search. 1:00: Hallmark Channel Movies. 3:00: Family Cards to Send or Pen Pal notes 4:00 Board Games or Don't Break the Ice</p>	<p>9:30: Jenga 28 10:30: Color you World 2:00: Basketball Toss 3:00: Large Print Short Stories 4:00: Blackjack Game w/ large deck playing cards</p>	<h1>February 2022</h1> <p>NORTHLAND HEIGHTS SENIOR LIVING ACTIVITY CALENDAR</p>				