| NORTHLAND HEIGHTS. |
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SPECIALTY CARE - May 2020 CALENDAR

| NORTHLAND HEIGHTS | | | | | | | | |
|---|---|--|---|---------------------------------|-----------------------------|----------------------------|-----------------------------|--|
| SENIOR LIVING | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
| ļ | 31 | | 24/7 Activity Center | | | 1 | 2 | |
| Highlights | | | = 1,7 71 c 11111,7 cc111c1 | | | | | |
| , <u> </u> | Coffee Club & Chronicles | | | | | Morning Exercise | Morning Coffee with | |
| Featured Clubs this Month: | conce elab a emonicies | | AVAILABLE FOR NIGHT OWLS - ON 2ND Floor | | | w/ Treats & Chronicles | Trivia & Chronicles | |
| Card Sharks - 500 Bid | TV Worship Catholic Mass | | | | | Animal Videos | Movement to Music | |
| Antique Club and Hobbie Club | I V Worship Catholic Wass | | Audio Books - Audio Music | | | Possible Therapy Visit | Wovernent to Wasic | |
| Please bring an item to share | Conden Matines Marie | | Puzzles | | | Tri aminas | Color Me Calm | |
| Book Club - planning | Sunday Matinee Movie | | Color Me Calm | | | Tri-ominos | Color Me Calm | |
| Travel Club – we will be taking a winter | 21 1 121 12 | 1 | Bible Teachings | | | Movie Matinee | | |
| virtual tour of the Parks of PA | Checkers / Chess / Games | | Magazine Time | | | | Checkers w/a Friend | |
| | | 1 | Wood Search - Cards | | | , | Saturday Nite Movie | |
| | | | | | | | | |
| MOVIES / VIDEOS / DOCUMENTARY | 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| | | | Cinco de Mayo | Nat'l Nurses Day | Nat'l Day of Prayer | Honoring the Ladies | | |
| Weekend Activities | | | Coffee / Tea | | ENJOY YOUR COFFEE | Coffee & Chronicles | Breakfast Facts w/Coffee | |
| Please use the games and puzzles that are | Coffee Club & Chronicles | Reminiscing & Chronicles | with Debi | Morning Exercise | w/ Daily Chronicles | w/ cup of Joe | Friends & Chronicles | |
| set up in the activity center for your | | Balance & Stretching & | Healthy Options | Therapy Balance Stretch | ,, | n, our over | | |
| enjoyment. | TV Worship Catholic Mass | Mindfulness | Food Quiz | w/ Mindfulness | Morning Devotion and Prayer | Exercise | Chair Exercises - Video | |
| | TV Resident Choice - Sports - | Food Fun | Cinco de Mayo | Floor | RESIDENT PLANNING | Ladies Luncheon | | |
| We will honor all the ladies | Movie - Game Show | and Pokeno | Apple Pie Taco's | Basketball | COMMITTEE | Wear your fancy best hat - | Cards w/ A Friend | |
| (Mom's and Daughter's) with our | Word Search - Cards | Travel Club | Corn Hole - Ladder Ball - Golf | Crafting w/ Kindness | PGA - Northland - RESIDENT | Dress Up Affair | Saturday Nite Movie | |
| Ladies Luncheon this month. This | Games - Board Games | USA | Bowling Competition | Hands / Photo | Golf Tournament | Boggle | Saturday Mite Movie | |
| will be a fancy affair. | dunes board dames | 03/1 | Bowning competition | Tiditas y Titoto | Gon Tournament | Challenge | | |
| | | | | | | Chancing | | |
| | 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| | Mother's Day | | 12 | Ethnic Food Fest | 14 | 13 | Armed Forces Day | |
| Movies available every evening right | Wiother 3 Day | Yoga Video | Coffee & Chronicles | ENJOY YOUR COFFEE | Rise & Shine | ENJOY YOUR COFFEE | Armed Forces Day | |
| after dinner. | Coffee Club & Chronicles | Toga video | w/ cup of Joe | ENSOT TOOK COTTEE | Balance & Stretching | w/ Treats & Chronicles | Family Coffee Time | |
| | | Deal Chili Blancins | w/ cup of foe | Paggla Word Cama | Balance & Stretching | Animal Videos | Music Videos | |
| | TV Worship Catholic Mass | Book Club Planning Committee Meeting | Jenga Time w/ friends | Boggle Word Game Brain Training | Words in Words | Animal videos | PUZZLE TIME & Word Search | |
| | | | | · · | RESIDENT COUNSEL | Tea Time | POZZLE TIIVIE & WORD SEARCH | |
| | Sunday Matinee Movie | Hand Massage | Dignation times autoide | Food Tasting | | | Scrabble Time | |
| | Facility Time Face Time will | Aromatherapy | Planting time outside | Employee Favorites | MEETING | Afternoon Tea's | Catuaday Nite Mayie | |
| Coffee Social | Family Time - Face Time will be available all day | Game Time w/ friends | | Party Time | Nature Walk in the Park | Friday Documentary | Saturday Nite Movie | |
| Exercise | be available all day | | Matinee Movie | | Documentary | | | |
| Game Time | Checkers / Chesse / Games | | | | | | | |
| Social | 17 | 18 | 19 | 20 | 24 | 22 | 22 | |
| Brain Training | 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| Fun Time | | ENION VOLID COFFEE | | 01 1 0 15 1 14 1 15 11 | Description to Drovent | Control Toi Chi Midaa | | |
| Purposeful Creativity | Coffee Club & Chronicles | ENJOY YOUR COFFEE | Coffee Club & Chronicles | Club Coffee w/ Morning Stroll | | Seated - Tai Chi - Video | Coffee Club & Chronicles | |
| Cooking Fun | | w/ Daily Chronicles | Control Mana | down Memory Lane | Medication | Confidence with a Reserve | | |
| Resident Meetings | TV Worship Catholic Mass | Documentary | Seated - Yoga | 5 15 | Yahtzee Time w/ friends | Crafting with a Purpose | Music Videos | |
| Therapy Time | | Creating for Could Duri | | Food Fun | DECIDENT MONITORY | | | |
| Educational | TV Resident Choice - Sports - | Creating for Card Party | Balloon Fun | Games | RESIDENT MONTHLY | BINGO | PUZZLE TIME | |
| Music Activity | Movie - Game Show | Snack Prep | | Game Time w/ friends | Wrap-Up | | | |
| Religious | Word Search - Cards | Card Time | Chocolate Fun | | Mindfulness w Aromatherapy | Friday Movie Matinee | Enjoy your Favorite Book | |
| Movie / Documentary | Games - Board Games | | M&M Game | Matinee Movie | | | Personal Reading Time | |
| Animal Visits | | | | | | | Saturday Nite Movie | |
| Bus Trip | | | | | | 20 | 20 | |
| | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| SWEET SHOP | | Memorial Day | | | | | | |
| 40 | Coffee Club & Chronicles | The second second | Coffee / Tea | Morning Exercise | Coffee Club & Chronicles | Morning Exercise | Breakfast Facts w/Coffee | |
| | | | and Chronicles | Balance & Stretching | | w/ Treats & Chronicles | Friends & Chronicles | |
| T | TV Worship Catholic Mass | Family Day | Rise & Shine | Basket Ball | Seated - Yoga Stretch | Mindfulness Music and | Chair Exercises | |
| y . | | THE STATE OF THE S | Balance & Stretching | | Chair Exercise | Aromatherapy | | |
| | Word Search - Cards | | Men's Golf | Board Games | RESIDENT BIRTHDAY PARTY | Tri-ominos | Please take a walk | |
| | Games - Board Games | , Illin | Challenge | | | | and enjoy the outdoors | |
| All Activities | Sunday Matinee Movie | *Memorial Day | Matinee Movie | Mindfulness Music and | Board Games or Balloon Fun | Movie Matinee | Cards w/ A Friend | |
| are subject | Saliday Machiec Movie | MEIIIXI IAI KAX | THOUSE INTOVICE | Aromatherapy | 222.2 3455 5. 2455111411 | | | |
| to change | | HONOR THE FALLEN HEROES | | | | | Saturday Nite Movie | |
| | | | | | | | | |
| | | | | | | | | |