

AL - SENIOR LIVING - MAY 2020 CALENDAR

Highlights

Featured Clubs this Month:
Card Sharks – 500 Bid
 Antique Club and Hobbie Club
 Please bring an item to share

Book Club - planning

Travel Club – Visiting through virtual tours around the world

Movies and Videos of Romance

MOVIES / VIDEOS / DOCUMENTARY

Weekend Activities
 Please use the games and puzzles that are set up in the activity center for your enjoyment.

We will honor all the ladies (Mom's and Daughter's) with our Ladies Luncheon this month. This will be a fancy affair.



INTERNATIONAL FOOD OF THE MONTH

Movies available every evening right after dinner.

- Coffee Social
- Exercise
- Game Time
- Social
- Brain Training
- Fun Time
- Purposeful Creativity
- Cooking Fun
- Resident Meetings
- Therapy Time
- Educational
- Music Activity
- Religious
- Movie / Documentary
- Animal Visits
- Bus Trip



All Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
31		24/7 Activity Center			1	2	
9:30 AM (MD) Coffee Club & Chronicles		AVAILABLE FOR NIGHT OWLS - ON 2ND Floor			10:00 AM (MD) Morning Exercise w/ Treats & Chronicles	9:30 AM (MD) Morning Coffee with Trivia & Chronicles	
10:00 AM (WC) TV Worship Catholic Mass		Audio Books - Audio Music Puzzles Color Me Calm Bible Teachings Magazine Time Wood Search - Cards			10:30 AM (AC) Animal Videos Possible Therapy Visit	10:30 AM (AC) Movement to Music	
1:30 PM (TH) Sunday Matinee Movie					1:00 PM (AW) Tri-ominos	2:00 PM (AW) Color Me Calm	
3:00 PM (AW) Checkers / Chess / Games					2:00 PM (TH) Movie Matinee	3:00 PM (AW) Checkers w/a Friend	
						6:00 PM (TH) Saturday Nite Movie	
3	4	5	6	7	8	9	
Cinco de Mayo		Nat'l Nurses Day		Nat'l Day of Prayer		Honoring the Ladies	
9:30 AM (MD) Coffee Club & Chronicles	10:30 AM (AC) Reminiscing & Chronicles	10:00 AM (AC) Coffee / Tea with Debi	9:30 AM (AC) Morning Exercise	9:30 AM (MD) ENJOY YOUR COFFEE w/ Daily Chronicles	9:30 AM (MD) Coffee & Chronicles w/ cup of Joe	9:30 AM (MD) Breakfast Facts w/Coffee Friends & Chronicles	
10:00 AM (WC) TV Worship Catholic Mass	11:00 AM (AC) Balance & Stretching & Mindfulness	10:30 AM (AC) Healthy Options Food Quiz	9:45 AM (AC) Therapy Balance Stretch w/ Mindfulness	10:00 AM (WC) Morning Devotion and Prayer	11:00 AM (AW) Exercise	11:00 AM (AC) Chair Exercises - Video	
1:00 (WC) TV Resident Choice - Sports - Movie - Game Show	2:00 PM (AC) Food Fun and Pokeno	2:00 PM (AC) Cinco de Mayo Apple Pie Taco's	2:30 PM (AC) Floor Basketball	2:30 PM (AC) RESIDENT PLANNING COMMITTEE	12:00 PM (Private Dining Room) Ladies Luncheon Wear your fancy best hat - Dress Up Affair	3:00 PM (AW) Cards w/ A Friend	
All Afternoon Games - Board Games	2:30 PM (TH) Travel Club USA	3:30 PM (AC) Corn Hole - Ladder Ball - Golf Bowling Competition	3:30 PM (AC) Crafting w/ Kindness Hands / Photo	3:30 PM (AW) PGA - Northland - RESIDENT Golf Tournament	2:00 PM (AC) Boggle Challenge	6:00 PM (TH) Saturday Nite Movie	
 10	11	12	13	14	15	16	
Mother's Day Face Time will be available all day		Ethnic Food Fest		Armed Forces Day			
9:30 AM (MD) Coffee Club & Chronicles	9:30 AM (AC) Yoga Video	9:30 AM (SS) Coffee & Chronicles w/ cup of Joe	9:30 AM (MD) ENJOY YOUR COFFEE	9:30 AM (AC) Rise & Shine Balance & Stretching	9:30 AM (MD) ENJOY YOUR COFFEE w/ Treats & Chronicles	9:30 AM (MD) Family Coffee Time	
10:00 AM (WC) TV Worship Catholic Mass	11:00 AM (AC) Book Club Planning Committee Meeting	11:00 AM (AW) Jenga Time w/ friends	11:00 AM (AW) Boggle Word Game Brain Training	11:00 AM (AW) Words in Words	10:30 AM (AC) Animal Videos	1:00 PM (TH) Music Videos	
1:30 PM (TH) Sunday Matinee Movie	1:00 PM (AC) Hand Massage Aromatherapy	1:00 PM (TH) Planting time outside	2:00 PM (AC) Food Demonstration Employee Favorites	2:00 PM (AC) RESIDENT COUNSEL MEETING	2:00 PM (AW) Tea Time Afternoon Tea's	2:00 PM (AC) PUZZLE TIME & Word Search	
3:00 PM (AW) Checkers / Chess / Games	3:00 PM (AC) Game Time w/ friends	1:30 PM (TH) Matinee Movie	3:00 PM (AC) Party Time	3:30 PM (TH) Nature Walk in the Park Documentary	3:30 PM (TH) Friday Documentary	6:00 PM (TH) Saturday Nite Movie	
17	18	19	20	21	22	23	
9:30 AM (MD) Coffee Club & Chronicles	9:30 AM (MD) ENJOY YOUR COFFEE w/ Daily Chronicles	9:30 AM (MD) Coffee Club & Chronicles	9:30 AM (MD) Club Coffee w/ Morning Stroll down Memory Lane	10:00 AM (AC) Recreation to Prevent Medication	10:00 AM (AC) Seated - Tai Chi - Video	9:30 AM (MD) Coffee Club & Chronicles	
10:00 AM (TH) TV Worship Catholic Mass	10:30 AM (TH) Documentary	10:00 AM (AC) Seated - Yoga	1:00 PM (AC) Food Fun Games	11:00 AM (AW) Yahtzee Time w/ friends	10:30 AM (AC) Crafting with a Purpose	1:00 PM (AC) Music Videos	
1:00 (WC) TV Resident Choice - Sports - Movie - Game Show	1:00 PM (AC) Creating for Card Party Snack Prep	1:00 PM (AW) Balloon Fun	1:30 PM (AW) Game Time w/ friends	1:00 PM (AC) RESIDENT MONTHLY Wrap-Up	1:30 PM (AW) BINGO	2:00 PM (AC) PUZZLE TIME	
All Afternoon Word Search - Cards Games - Board Games	2:00 PM (AC) Card Time	1:30 PM (SS) Chocolate Fun M&M Game	2:00 PM (TH) Matinee Movie	2:00 PM (TH) Mindfulness w Aromatherapy	2:30 PM (TH) Friday Movie Matinee	3:00 PM (AC) Enjoy your Favorite Book Personal Reading Time	
						6:00 PM (TH) Saturday Nite Movie	
24	25	26	27	28	29	30	
Memorial Day		Family Day		Memorial Day			
9:30 AM (MD) Coffee Club & Chronicles	 * Memorial Day HONOR THE FALLEN HEROES		9:30 AM (MD) Coffee / Tea and Chronicles	9:30 AM (AC) Morning Exercise Balance & Stretching	9:30 AM (MD) Coffee Club & Chronicles	10:00 AM (MD) Morning Exercise w/ Treats & Chronicles	
10:00 AM (TH) TV Worship Catholic Mass			10:30 AM (AC) Rise & Shine Balance & Stretching	11:00 AM (AW) Basket Ball	10:30 AM (AC) Seated - Yoga Stretch Chair Exercise	10:30 AM (AC) Mindfulness Music and Aromatherapy	11:00 AM (AC) Chair Exercises
All Afternoon Word Search - Cards Games - Board Games			1:00 PM (WC) Men's Golf Challenge	1:30 PM (AW) Board Games	2:00 PM (AC) RESIDENT BIRTHDAY PARTY	1:00 PM (AC) Tri-ominos	ALL DAY Please take a walk and enjoy the outdoors
1:30 PM (TH) Sunday Matinee Movie			1:30 PM (TH) Matinee Movie	3:00 PM (AW) Mindfulness Music and Aromatherapy	3:00 PM (AC) Board Games or Balloon Fun	2:00 PM (TH) Movie Matinee	3:00 PM (AW) Cards w/ A Friend
							6:00 PM (TH) Saturday Nite Movie