

# Specialty Care 2020 January Calendar

*Highlights*

**Featured Clubs this Month:**  
 Card Sharks - 500 Bid  
 Antique Club and Hobbie Club  
 Please bring an item to share  
 Book Club - planning  
 Travel Club—we will be taking a winner virtual tour of the Parks of PA

**MOVIES/VIDEOS/DOCUMENTARY**

- 3-Jan
- 4-Jan
- 7-Jan
- 10-Jan
- 11-Jan
- 12-Jan
- 14-Jan
- 18-Jan
- 21-Jan
- 23-Jan
- 24-Jan
- 25-Jan
- 26-Jan
- 28-Jan
- 31-Jan

**GET TO KNOW THE MANAGERS**

Every Tuesday you will have the opportunity to get to know one of the Community Directors.

- Coffee Social
- Exercise
- Game Time
- Social
- Brain Training
- Fun Time
- Purposeful Creativity
- Cooking Fun
- Resident Meetings
- Therapy Time
- Educational
- Music Activity
- Religious
- Movie / Documentary
- Animal Visits

**SWEET SHOP**

2:00 and 7:00  
Daily Schedule

All Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1 NEW YEARS DAY</b>	<b>2</b>	<b>3</b>	<b>4 NATIONAL TRIVIA DAY</b>
			AM ENJOY YOUR COFFEE + THE PARADES ALL MORNING Challenge a Friend to a game of Checkers	AM Morning Coffee with Friends & Chronicles Write your goals and New Year Resolutions	AM Rise & Shine Balance & Stretching Uno Card Games	AM Morning Coffee with Trivia & Chronicles Movement to Music
			PM PUZZLE TIME	PM RESIDENT BIRTHDAY PARTY	PM Balloon Badminton	PM Color Me Calm
			BOWL FOOTBALL	Aromatherapy and Word Puzzles	Funniest Winter Animal Videos	Jenga w/ A Friend
			Reminisce New Years Growing Up	Word Challenge Brain Training		Saturday Nite Movie
<b>5 National Bird Day</b>	<b>6</b>	<b>7 Orthodox Christmas</b>	<b>8</b>	<b>9 Law Enforce. Apprec. Day</b>	<b>10</b>	<b>11</b>
AM Coffee Club & Chronicles	AM Reminiscing & Chronicles	AM Coffee / Tea with Debi	AM Morning Exercise Balance & Stretching	AM Therapy Stretch w/ Mindfulness	AM Pears & Chronicles w/ cup of Joe	AM Breakfast Facts w/ Coffee Friends & Chronicles
Resident Rosary	Balance & Stretching	MATCH-UP PUZZLE TIME	Magazine Time	Thank you Notes to local Law Enforcement	Beat the Bell - Cup Game	Chair Exercises
PM Hymn Sing	PM Pretzels & Fun Snowman Hot Coco	PM Who Am I Brain Training Trivia	PM Floor Basketball	PM RESIDENT PLANNING Sharing Ideas w / Debi	PM Indoor - Winter Walk w/ Snowman Hot Coco	PM Color Me Calm
Bird Matching Game	Travel Club Winter in the Park	Orthodox Christmas Carols	Card Sharks	Drop it Game and Cards	Reminisce Winter Fun	PM Cards w/ A Friend
		Tuesday Nite Movie	Celebrate Elvis' Birthday videos		Winter funny Videos	Me Time with Music Saturday Nite Movie
<b>12</b>	<b>13</b>	<b>14 Orthodox New Year</b>	<b>15 National Hat Day</b>	<b>16 Religious Freedom Day</b>	<b>17</b>	<b>18</b>
AM Coffee Club & Chronicles	AM Sun Rise Standing Tai Chi - Video	AM Coffee Club & Chronicles	AM WEAR YOUR FAVORITE HAT ALL DAY ENJOY YOUR COFFEE w/ Chronicles and Morning News	AM ENJOY YOUR COFFEE w/ Daily Chronicles	AM ENJOY YOUR COFFEE w/ Treats & Chronicles	AM Family Coffee Time
Resident Rosary	Book Club Planning Committee Meeting	Parachute Fun	Rise & Shine Balance & Stretching	Morning Devotion & Bible Trivia	Friendly Animal Visits	Winnie Pooh Videos w / your grandchildren
PM Sunday Matinee Movie	PM Name that Old TV Show Game Time	PM Happy New Years Party	PM Favorite Hat Competition	PM PokeNo	PM Movement and Meditation	PM Finish the Lines of Pooh Trivia Game w/ Family
Personal Reading Time with Music	Mindfulness Video		Food Tasting served by Chef Tony - Pears	Antique Club Bring an item to share	Friday Documentary Funny Animal Videos	
Aqua Painting		Tuesday Nite Movie				Saturday Nite Movie
<b>19</b>	<b>20 Martin Luther King Day</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24 National Peanut Butter Day</b>	<b>25 Chinese New Year</b>
AM Coffee Club & Chronicles	AM ENJOY YOUR COFFEE w/ Daily Chronicles	AM Coffee Club & Chronicles	AM Breakfast Club Coffee w/ Morning Stroll down Memory Lane	AM Rise & Shine Balance & Stretching	AM Seated - Tai Chi - Video	AM Coffee Club & Chronicles
Keith Moore Greater Faith Audio Teaching (part 1)	Documentary I have a Dream Video	Seated - Tai Chi - Video	Word Challenge Brain Training	PM PUZZLE TIME	Crafting w/ Kindness Peanut Butter Bird Feeders	ASAIN Music Videos
Resident Rosary	Reminisce What is your Dream	Champagne w/ Cheryl	Boggle Time w/ friends	PM RESIDENT Visits w Debi Poetry Club	PM BINGO Peanut Butter Cup Prizes	PM PUZZLE TIME
PM Scrabble Time w/ friends	PM PokeNo Game Time	PM Balloon Fun	Ole Time Sing A-Long	Bring a Poem to share Nature Walk in the Park Documentary	Friday Documentary	Enjoy your Favorite Book Personal Reading Time Saturday Nite Movie
Dream Dessert Making *enjoy*		Tuesday Nite Movie				
<b>26 Grammy Awards Night</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31 National Hot Chocolate Day</b>	<b>NIGHT OWL ACTIVITIES Available every night</b>
AM Coffee Club & Chronicles	AM Morning Exercise Balance & Stretching	AM Coffee / Tea with Debi	AM Rise & Shine Balance & Stretching	AM Recreation to Prevent Medication	AM Coffee or Coco & Chronicles	Audio Books Color Me Calm Bible Teachings Magazine Time Wood Search Puzzles
Morning Worship Sing-Along	Reminisce Good Ole Days	PM Rise & Shine Balance & Stretching	PM Hobbie Sharing Bring an item to share	PM Boggle Time w/ friends	Arthritis - What is Ta Chi Dr Paul Lam	
Resident Rosary	PM Board Games	PM Card Sharks	PM Floor Basketball	PM RESIDENT Visits w Debi & Wrap-Up	PM Topple Competition	
PM Sunday Matinee Movie	Mindfulness Video	Keith Moore Greater Faith Audio Teaching (part 2)	PM Aromatherapy w/ Mindfulness Video	PM Hand Massage w Aromatherapy	Friday Documentary	
		Tuesday Nite Movie			Magazine Time w/ Music and Aromatherapy	