

2020 AL SENIOR LIVING JANUARY CALENDAR

Highlights

Featured Clubs this Month:
Card Sharks - 500 Bid
Antique Club and Hobbie Club
Please bring an item to share
Book Club - planning
Travel Club - we will be taking a winner virtual tour of the Parks of PA

MOVIES/VIDEOS/DOCUMENTARY

3-Jan
4-Jan
7-Jan
10-Jan
11-Jan
12-Jan
14-Jan
18-Jan
21-Jan
23-Jan
24-Jan
25-Jan
26-Jan
28-Jan
31-Jan

GET TO KNOW THE MANAGERS

Every Tuesday you will have the opportunity to get to know one of the Community Directors.

- Coffee Social
- Exercise
- Game Time
- Social
- Brain Training
- Fun Time
- Purposeful Creativity
- Cooking Fun
- Resident Meetings
- Therapy Time
- Educational
- Music Activity
- Religious
- Movie / Documentary
- Animal Visits

SWEET SHOP

2:00 and 7:00
Daily Schedule

All Activities are subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY 1 NEW YEARS DAY	THURSDAY 2	FRIDAY 3	SATURDAY 4 NATIONAL TRIVIA DAY
(AC) Activity Center (AW) Activity Workshop (LL) Lobby Living Room (MD) Main Dining Room (OP) Outdoor Patio (SS) Sweet Shop (TH) Theater (WC) Worship Center			9:30 AM ENJOY YOUR COFFEE + THE PARADES IN THEATER (AC) 1:00 PM Challenge a Friend to a game of Checkers (AW) 2:00 PM PUZZLE TIME (AW) All day BOWL FOOTBALL IN THE THEATER (TH)	9:30 AM Morning Coffee with Friends & Chronicles (AC) 10:30 AM Write your goals and New Year Resolutions (AC) 2:00 PM RESIDENT BIRTHDAY PARTY (AW) 2:30 PM Aromathery and Word Puzzles (AC)	9:30 AM Rise & Shine Balance & Stretching (AC) 1:00 PM Uno Card Games (AW) 2:00 PM Balloon Volley Ball (AW) 3:00 PM Funniest Winter Animal Videos (TH)	9:30 AM Morning Coffee with Trivia & Chronicles (AC) 10:30 AM Movement to Music (AC) 3:00 PM Color Me Calm (AW) 3:00 PM Jenga w/ A Friend (AW) 6:00 PM Saturday Nite Movie (TH)
5 National Bird Day	6	7 Orthodox Christmas	8	9 Law Enforce. Apprec. Day	10	11
9:30 AM Coffee Club & Chronicles (AC) 10:00 AM Resident Rosary (WC) 1:00 Hymn Sing (AC) 2:00 PM Bird Matching Game (AW)	9:30 AM Reminiscing & Chronicles (AC) 11:00 AM Balance & Stretching (AC) 1:00 PM Pretzels & Fun Snowman Hot Coco (AC) 2:30 PM Travel Club Winter in the Park (TH)	9:30 AM Coffee / Tea with Debi (AC) 11:00 PM MATCH-UP PUZZLE TIME (AW) 1:00 PM Who Am I Brain Training Trivia (AW) 3:00 PM Orthodox Christmas Carols (WC) 6:00 PM Tuesday Nite Movie (TH)	9:30 AM Morning Exercise Balance & Stretching (AC) 10:00 AM Magazine Time (LL) 2:30 PM Floor Basketball (AC) 6:00 AM Card Sharks (AW)	9:30 AM Therapy Stretch w/ Mindfulness (AC) 10:00 PM Thank you Notes to local Law Enforcement (AW) 2:30 PM RESIDENT PLANNING COMMITTEE (AC) 1:00 PM Drop it Game and Cards (AW)	9:30 AM Pears & Chronicles w/ cup of Joe (AC) 11:00 AM Beat the Bell - Cup Game (AW) 2:30 PM Winter Walk w/ Snowman Hot Coco (AC) 3:00 PM Reminisce Winter Fun (AC) 3:30 PM Winter funny Videos (TH)	9:30 AM Breakfast Facts w/Coffee Friends & Chronicles (AC) 11:00 AM Chair Exercises (AC) 3:00 PM Cards w/ A Friend (AW) 6:00 PM Saturday Nite Movie (TH)
12	13	14 Orthodox New Year	15 National Hat Day WEAR YOUR FAVORITE HAT ALL DAY	16 Religious Freedom Day	17	18
9:30 AM Coffee Club & Chronicles (AC) 10:00 AM Resident Rosary (WC) 1:30 PM Sunday Matinee Movie (TH) 3:30 PM Personal Reading Time with Music (LL)	9:30 AM Sun Rise Standing Tai Chi - Video (AC) 11:00 AM Book Club Planning Committee Meeting (AC) 1:00 PM Name that Old TV Show Game Time (AW) 3:00 PM Mindfulness Video (AC)	9:30 AM Latte's with Elicia (SS) 1:00 PM Boggle Time w/ friends (AW) 3:00 PM Happy New Years Party (AC) 6:00 PM Tuesday Nite Movie (TH)	9:30 AM ENJOY YOUR COFFEE with Chef Tony (AC) 10:30 AM Balance & Stretching (AC) 1:30 PM Favorite Hat Competition (SS) 2:30 PM Food Demonstration w/ Chef Tony - Pears (AC)	9:30 AM ENJOY YOUR COFFEE w/ Daily Chronicles (AC) 10:00 AM Morning Devotion (WC) 1:00 PM RESIDENT COUNSEL MEETING (AC) 2:30 PM Antique Club Bring an item to share (AW)	9:30 AM ENJOY YOUR COFFEE w/ Treats & Chronicles (AC) 10:30 AM Friendly Animal Visits (AC) 1:00 PM Movement and Meditation (AW) 3:30 PM Friday Documentary Funny Animal Videos (TH)	9:30 AM Family Coffee Time (AC) 1:00 PM Winnie Pooh Videos w / your grandchildren (TH) 2:00 PM Finish the Lines of Pooh Trivia Game w/ Family (SS) 6:00 PM Saturday Nite Movie (TH)
19	20 Martin Luther King Day	21	22	23	24 National Peanut Butter Day	25 Chinese New Year
9:30 AM Coffee Club & Chronicles (AC) 10:00 AM Keith Moore Greater Faith Audio Teaching (part 1) (TH) 1:00 PM Resident Rosary (WC) 2:30 PM Scrabble Time w/ friends (AW) 3:00 PM	9:30 AM ENJOY YOUR COFFEE w/ Daily Chronicles (AC) 10:30 AM Documentary I have a Dream Video (TH) 1:00 PM Reminisce What is your Dream (AW) 1:30 PM PoKeNo Game Time (AW) 3:00 PM Dream Dessert Making "enjoy" (TH)	9:30 AM Coffee Club & Chronicles (AC) 10:00 AM Seated - Tai Chi - Video (AC) 1:30 PM Chocolates w/ Cheryl (SS) 1:00 PM Balloon Fun (AW) 6:00 PM Tuesday Nite Movie (TH)	9:30 AM Breakfast Club Coffee w/ Morning Stroll under Memory Lane (AC) 1:00 PM Word Challenge Brain Training (AW) 1:30 PM Boggle Time w/ friends (AW) 3:30 PM Ole Time Sing A-Long (LL)	9:30 AM Rise & Shine Balance & Stretching (AC) 11:00 AM PUZZLE TIME (AW) 2:30 PM Poetry Club (AW) 3:30 PM Nature Walk in the Park Documentary (TH)	9:30 AM Seated - Tai Chi - Video (AC) 10:30 AM Crafting w/ Kindness Peanut Butter Bird Feeders (AC) 1:30 PM BINGO (AW) 3:30 PM Peanut Butter Cup Prizes (TH)	9:30 AM Coffee Club & Chronicles (AC) 1:00 PM Asain Music Videos (AC) 2:00 PM PUZZLE TIME (AC) 3:00 PM Enjoy your Favorite Book Personal Reading Time (AC) 6:00 PM Saturday Nite Movie (TH)
26 Grammy Awards Night	27 Commemoration of Victims of Holocaust	28	29	30	31 National Hot Chocolate Day	AVAILABLE FOR NIGHT OWLS ON 2ND Floor
9:30 AM Coffee Club & Chronicles (AC) 11:00 AM Morning Worship Sing-Along (WC) 1:00 PM Resident Rosary (WC) 1:30 PM Sunday Matinee Movie (TH)	9:30 AM Morning Exercise Balance & Stretching (AC) 10:30 AM Reminisce Holocaust Memorial (AC) 1:30 PM Board Games (AW) 2:00 PM The Piano (TH)	9:30 AM Coffee / Tea with Debi (AC) 10:30 AM Rise & Shine Balance & Stretching (AC) 1:30 PM Card Sharks (AW) 3:00 PM Keith Moore Greater Faith Audio Teaching (part 2) (TH) 6:00 PM Tuesday Nite Movie (TH)	9:30 AM Rise & Shine Balance & Stretching (AC) 11:00 AM Hobbie Sharing Bring an item to share (AW) 1:00 PM Floor Basketball (AC) 3:00 PM Aromathery w/ Mindfulness Video (TH)	9:30 AM Recreation to Prevent Medication (AC) 11:00 AM Boggle Time w/ friends (AW) 1:00 PM RESIDENT MONTHLY Wrap-Up (AC) 2:00 PM Hand Massage w Aromathery (AC)	9:30 AM Coffee or Coco & Chronicles (AC) 10:30 AM Arthritis - What is Ta Chi Dr Paul Lam (AC) 2:00 PM Yahtzee Time w/ friends (AC) 3:30 PM Friday Documentary (TH)	Audio Books Audio Music Color Me Calm Bible Teachings Magazine Time Wood Search Puzzles